

**Cuidamos uno al otro.**  
*We Care for one another.*

**Movemos el cuerpo.**  
*We move our body.*

**Tenemos esperanza.**  
*We have hope.*

**Enseñamos.**  
*We teach.*

**Ámamos uno al otro.**  
*We love one another.*

**Creemos.**  
*We believe.*

# Palabras Poderosas

# Powerful Words

"Bitwork Butterfly"  
by Elizabeth LaPensee

[www.elizabethlapensee.com](http://www.elizabethlapensee.com)

Spanish Translations by Maria Gonzales

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