

# Abusive Head Trauma Post-Test

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Instructions:

After viewing the approved videos regarding abusive head trauma, please answer the following questions. Submit the completed post-test to your child foster care social worker.

1. A normal, healthy baby may cry up to \_\_\_\_ hours or more per day.
2. What is the number one reason babies are shaken or hurt by their caregivers?
3. Abusive Head Trauma is caused by the following (mark all that apply):
  - a. Age appropriate play
  - b. Short falls
  - c. Direct blows to the head
  - d. CPR
  - e. Violent shaking
  - f. Throwing a child
4. Shaking a baby can cause serious injuries. Name four:
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
5. Name three ways to soothe a crying baby:
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
6. True or False: A single shake may cause brain damage in an infant.

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**Over**

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7. True or False: AHT only applies to infants.
  
8. Infants are believed to be particularly susceptible to AHT because of their relatively large and heavy \_\_\_\_\_ and underdeveloped \_\_\_\_\_ muscles.
  
9. Name a common trigger that caregivers experience that leads to AHT. \_\_\_\_\_
  
10. True or False: Abusive Head Trauma is preventable.
  
11. True or False: Activities that may cause Abusive Head Trauma include tossing a child into the air or jogging with a child in a backpack.
  
12. Name three strategies a caregiver can use to cope with a crying baby:
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_